



Jose Parra

PHYSICAL THEATRE & CONTEMPORARY CLOWN

I am an artist trained in physical theatre and contemporary clown. I enjoy discovering new playful theatrical languages to share experiences, emotions and laughter that can make us all feel a little closer to each other.

I have worked with different companies for adults and family audiences performing in a wide variety of festivals and settings: Stroossefestival (Luxembourg), Danse (France), Festival of Social Science (University of Holloway), Amman Children's Museum (Jordan), International Conference on Body Psychotherapy, Brighton Fringe, Reading Fringe, Bath Fringe and the London International Clown Festival among others.

I have recently finished the making of my first solo show, *Tomatoes Don't Fly*, in collaboration with Jamie Wood and supported by the Academy of Music and Dramatic Arts of the University of Falmouth.

Also, I have worked professionally as a Giggle Doctor for 15 years for Theodora Children's Charity, first in the UK and since 2022 in Barcelona where I now live.



Barcelona



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www.joseparra.net

SKILLS

2006 - 2007
2004

- Mime.
- Physical comedy.
- Circus skills: 5 balls, contact, diabolo, hats, etc...

LANGUAGES

- Bilingual Spanish & English
- Catalan B1

OTHERS

- Driving Licence

PHYSICAL THEATRE TRAINING

- 2003-2004 Desmond Jones School of Mime & Physical Theatre
- 2005-2006 International School of Corporeal Mime

CLOWN TRAINING

- Clown Lab, Caroline Dream
- Clown Through Mask, Jonathan Young
- Clown & Comedy, Mick Barnfather (Ecole Philippe Gaulier)
- Clown & Play, Jamie Wood
- Clown, Fraser Hooper
- Introduction to Clown, Gerry Flanagan

OTHERS

- Fooling, Jonathan Kay
- Comedia Dell'arte, Pietro Mossa
- The Body & Sound, Jacques Lemetre, Teatro du Solei
- Forum Theatre, Cardboard Citizens
- Skinner Release, Alex Crowe
- Physical Theatre & Mental Health, Moving Pieces
- Body Psychotherapy, Merete Holm Brantbjerg
- Gestalt, Gestalt Centre London

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● DEVISED THEATRE FOR ADULTS

● TOMATOES DON'T FLY

Cia Jose Parra - Created in collaboration and directed by Jamie Wood.

My first solo show which is currently touring. A very interactive physical theatre performance with elements of clowning that invites us all to confront fear of the unknown and see every challenge in life as an opportunity for growth.

● TOTAL ECLIPSE

Moving Pieces Theater Collective – Directed by Jonathan Young.

This show toured the UK in 2018 and 2019. It explores grief with authenticity and humour. It received a 5-star review by Broadway Baby at Brighton Fringe..

● LIFE IS HARD

Moving Pieces Theater Collective – Directed by Jonathan Young and Charlie Blowers.

A Short theatrical piece that was presented at the International Congress of Body Psychotherapy in Cambridge and the UK Annual Conference of Psychotherapy for Children. It tells a personal story and explores how behaviours and beliefs are transmitted from parents to children through the way we move.

● ON & OFF

Bimbilibausa Theater – Directed by John Mowet.

This mime piece was commissioned by Holloway University and it explored privacy and the internet. It was shown in the UK at various venues in 2013

● STREET & FAMILY SHOWS

● ONE LOVE

Cia Jose Parra – Directed by Pasquale Marino.

A street family show packed with comedy, juggling and audience participation that is currently performed in festivals in Catalonia.



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● THE CIRCUS OF GAMES

Open Blue Theatre – Directed by Elisa Galio Roso

A street theatre show that brought the Olympic spirit to the streets during the London Olympics street entertainment programme in 2012.

● THE MAD PROFESSOR

Produced by H2oh! - Directed by Helen Day

A family show packed with circus tricks, comedy, mime and puppetry that tells the adventures of a Mad Professor in his laboratory. It was shown for a month at the Children's Museum of Amman in Jordan.

● HOSPITAL CLOWN

- I have worked professionally as a Giggle Doctor for 15 years for Theodora Children's Charity, first in the UK and since 2022 in Barcelona where I now live.
- A Giggle Doctor is a professional performer, highly trained to work both in the medical environment and with children with disabilities.
- I was one of the two artistic coordinators and trainers for Theodora UK from 2014 to 2019.

● MOVING PIECES COLLECTIVE

- Moving Pieces is an unique arts in health organisation which has pioneered an integrated and highly creative approach to supporting mental health and devising theatre..
- I have collaborated in the ongoing research and development of the Moving Pieces approach since 2012.
- In 2013 I devised Life is Hard with Jonathan Young and Charlie Blowers. This is a short solo theatrical presentation that was presented at the 13th International EABP Congress of Body Psychotherapy in Cambridge and the UKCP Child Psychotherapy conference in London.



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