

A playful exploration of who we
are beyond gender stereotypes.



CIA JOSE PARRA PRESENTS

MEN DON'T BLUSH

WHEN WAS THE LAST TIME YOU WENT RED

Nothing is one thing.

A show that is both funny and moving.



*'A delightful hour with a
charming clown'*

Dan Lees, Director
London International
Clown Festival

Genre: Physical theatre, text and clown

Venue: Indoors small and medium, outdoors enclosed

Language:

English, Spanish or Catalan

Running Time: 60 min

Age: 12+ recommended

Ignacio is a man who feels he's never quite fitted into masculine roles. As he looks at a tomato, his mind drifts and we experience the different lives he imagines.



With **rich** visual language and a hilarious script, this solo performance transcends genres.

'Heartfelt, satirical and cleverly woven together'
Fringe Theatre Fest



It **creates** a warm, irreverent atmosphere that draws the audience in from the very start.

*'Mesmerising,
captivating, and
beautiful on the eye'*
Mark Rutterford



Technical Requirements

Stage dimensions: 5 x 4 m minimum.

Set: A table and two chairs.

Sound: P.A. system and soundboard.

Lighting: Not essential, the show can adapt to what the organisation provides.

Get in / get out : 30 min / 15 min.

Touring: 1 actor and 1 technician.

Audience: Proscenium or thrust seating.





Original Idea
**Jose Parra y Jamie
Wood**

Performer & Deviser:
Jose Parra

Director & Deviser:
Jamie Wood

Music & Sound:
Dominic Kennedy

Costume Design:
Viviana Rohmer

Photography:
Caterina Angeloni



A **show** that fits in a
suitcase but unfolds
into an epic universe.

*'A performance that will
stay with you long after
you've left the theatre'*

The Witt





Jose Parra

Performer and Deviser

José Parra is an international artist focused on small-format alternative theatre. His work blends clowning, physical theatre and text, always seeking emotional closeness and humour in his connection with the audience. He collaborates with a variety of artists to develop performances that critically explore themes such as identity, grief, and masculinity. José sees theatre as a space for shared encounter and reflection—where the human, the poetic, and the absurd meet to create vibrant, meaningful experiences.

Jamie Wood

Director and Deviser

Jamie Wood is an international artist and director, known for accessible, poetic and provocative theatre. His background in fine art, clowning, dance and physical theatre informs a distinctive stage language where body, imagery and humour come together with both sensitivity and boldness. He has worked with companies such as The Frequency D'Ici and Petra's Pulse, and his acclaimed solo trilogy solidified his unmistakable style: theatre that connects, moves, and surprises its audience.



Click the link below or use the
QR code to watch a trailer:
<https://vimeo.com/1097364735>



There is a video of the
whole show available on
request.

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'Playful freedom on stage'
Poppy King

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