



GJD REVIEWS



THE VOICE RADIO



HIGHLY RECOMMENDED  
FRINGEREVIEW

*A one-man show about breaking  
free from imposed gender roles.*

CIA JOSE PARRA PRESENTS

# MEN DON'T BLUSH

WHEN DID YOU LAST GO RED



**Nothing** is one thing.  
And nobody is just one  
word.  
A man...a woman...any  
person can be everything.



HIGHLY RECOMMENDED

*'...totally on point, a joy to  
watch, a very unique  
experience.'*

FringeReview

@photo by Aydan Tair



**Genre:** Interactive  
physical theatre  
with text and  
humour

**Venue:** Indoors  
small and medium,  
outdoors enclosed

**Language:**  
English, Spanish or  
Catalan

**Running Time:** 60  
min

**Age:** 14+  
recommended



**Ignacio** is a man who  
feels he's never quite  
fitted into masculine  
roles. As he looks at a  
tomato, his mind drifts  
and we experience  
the different lives he  
imagines.

@photo by Jonathan Dadds  
Colchester Fringe



With a **rich** visual language, text  
and audience interacción, this  
solo show transcends genres.



*"...genre defying, both  
hilarious and profound."*

GJD Reviews



@photo by.wilderdirection



It **creates** a warm, irreverent atmosphere that draws the audience in from the very start.



*"Great fun and thought-provoking."*

The Voice Radio



@photo by jackfilmtaylor



## **Tecnical Requirements**

**Stage dimensions:** 5 x 4 m  
minimum.

**Set:** A table and two chairs.

**Sound:** P.A. system and  
soundboard.

**Lighting:** Not essential, the show  
can adapt to what the organisation  
provides.

**Get in / get out:** 30 min / 15 min.

**Audience:** Proscenium or thrust  
seating.







@photo by catoproduccions

Original Idea  
**Jose Parra y Jamie  
Wood**

Performer & Deviser:  
**Jose Parra**

Director & Deviser:  
**Jamie Wood**

Music & Sound:  
**Dominic Kennedy**

Costume Design:  
**Viviana Rohmer**

Lighting Design:  
**Caro Durian**



@photo by catoproduccions



## What They Say

'...it is a beautifully interactive show, gentle and non-intrusive...the wonderful, honest way of staging makes this a very unique experience,' FringeReview

'...gender defying, both hilarious and profound...a beautiful and heartfelt piece about gender stereotypes from a brilliant performer.' GJD Reviews

'Jose's playful freedom onstage is wonderful, and included plentiful audience interaction and connection throughout, giving it a joyful feel.' Fringe Theatrefest

'A mesmerising watch, captivating, engaging and beautiful on the eye. I laughed and I loved it. Bravo.' Mark Rutterford

'A delightful hour' Dan Lees, International, London Clown Festival

'...Jose moves with grace and comedy that play so well together... such a rich show...absolutely brilliant' The Wit

'Jose Parra gifted us with a divinely funny and disarming hour while defying toxic stereotypes.' Audience Reaction

'A joyous and powerful exploration and celebration of imagination and identity. Super!' Audience Reaction

'I loved how available the performer was and how much I connected with him on a human level even though he was dressed in a ridiculous costume and was being so silly.' Audience Reaction

'So tender and sincere, you don't always feel safe as an audience member in a show with interaction but I absolutely did.' Audience Reaction







## Jose Parra

Performer and Deviser

José Parra is an international artist focused on small-format alternative theatre. His work blends clowning, physical theatre and text, always seeking emotional closeness and humour in his connection with the audience. He collaborates with a variety of artists to develop performances that critically explore themes such as identity, grief, and masculinity. José sees theatre as a space for shared encounter and reflection—where the human, the poetic, and the absurd meet to create vibrant, meaningful experiences.



# Jamie Wood

Director and Deviser

Jamie Wood is an international artist and director, known for accessible, poetic and provocative theatre. His background in fine art, clowning, dance and physical theatre informs a distinctive stage language where body, imagery and humour come together with both sensitivity and boldness. He has worked with companies such as The Frequency D'Ici and Petra's Pulse, and his acclaimed solo trilogy solidified his unmistakable style: theatre that connects, moves, and surprises its audience.





Click the link below or use the  
QR code to watch a trailer:

[Watch Showreel](#)



There is a video of the whole  
show available on request.

[info@joseparra.net](mailto:info@joseparra.net)



@photo by jackfilmtaylor



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