

GENTLE FOOL THEATRE PRESENTS

MEN DON'T BLUSH

When did you last go red?



'Comical and profound'
GJD REVIEWS



'A unique experience'
FringeReview

SOLO SHOW · 60 MIN · ADULT AUDIENCE (+14) · MINIMAL
TECHNICAL REQUIREMENTS · EASY TO TRANSPORT

CO-CREATED AND PERFORMED BY

JOSE PARRA

CO-CREATED AND DIRECTED BY

JAMIE WOOD



Supported by:



Funded by
the European Union



What happens when we stop trying
to be what is expected of us?

A playful journey through masculinity, identity
and imagination.



HIGHLY RECOMMENDED

*'...totally on point, a joy to
watch, a very unique
experience.'*

FringeReview

@photo by Aydan Tair

Genre:

Solo theatre, humour and imagination.

Venues:

Small/medium indoor venues
Enclosed outdoor spaces

Language:

English, Spanish or Catalan

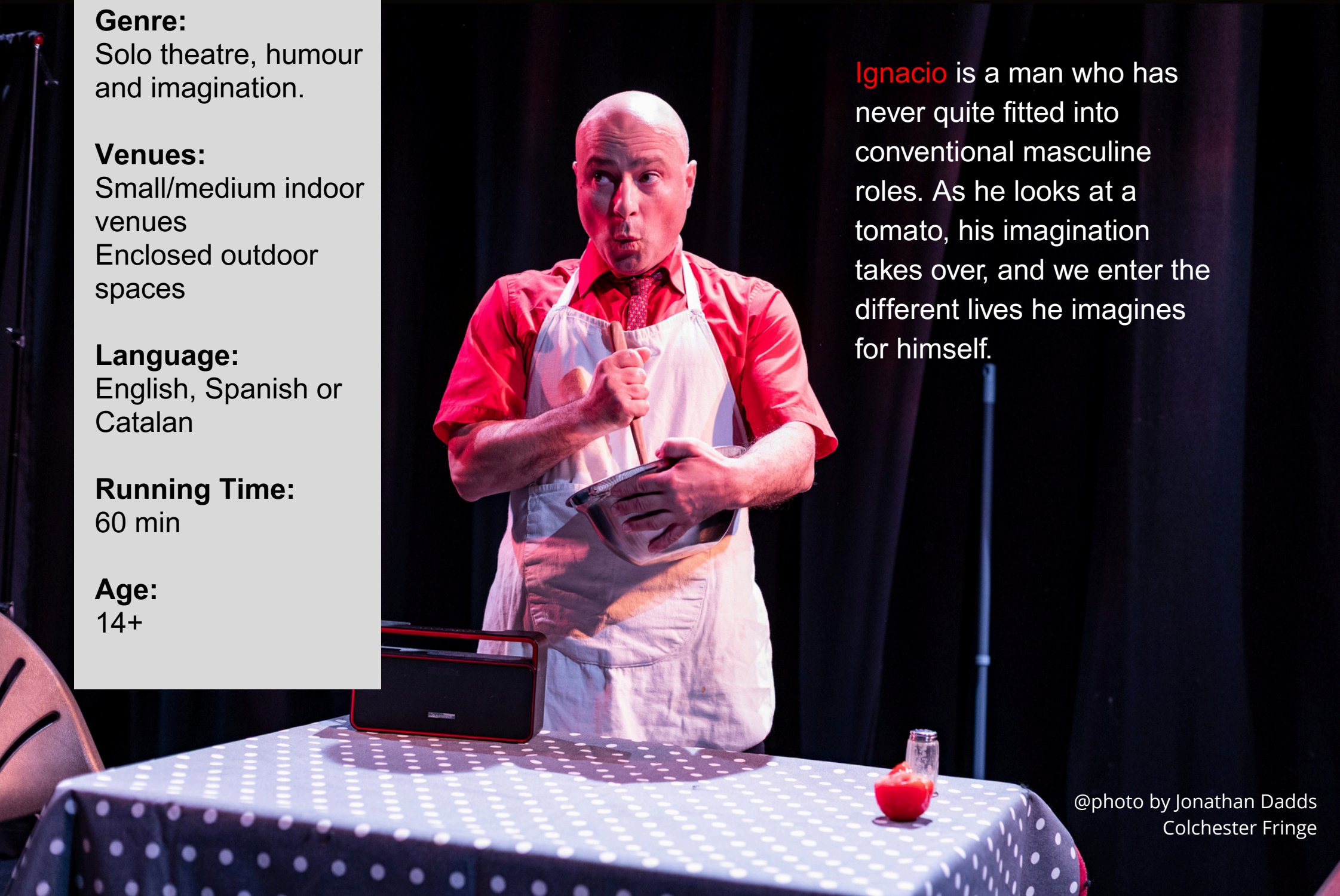
Running Time:

60 min

Age:

14+

Ignacio is a man who has never quite fitted into conventional masculine roles. As he looks at a tomato, his imagination takes over, and we enter the different lives he imagines for himself.



@photo by Jonathan Dadds
Colchester Fringe

With a rich visual language, humour, text and direct interaction with the audience, this solo show combines different theatrical styles.

Mischievous, inventive and moving, it invites audiences into a surreal world of imagination to explore masculinity, vulnerability and identity.



The direct relationship with the audience is part of the show, turning each show into a different experience.

The interaction is intimate, spontaneous and never intrusive. Little by little, the audience moves from observing to becoming part of Ignacio's journey.



Technical Requirements

Minimum Stage dimensions: 4 × 3 m

Set: A table and two chairs.

Sound: P.A. system and soundboard.

Lighting: Not essential, the show can adapt to what the organisation provides.

Get in: 30 min

Get out: 15 min

Technical rehearsal: 120 min (if necessary)

Seating: Proscenium or thrust



@photo by catoproductions

Co-created & Performed by:
Jose Parra

Co-created & Directed by:
Jamie Wood

Music & Sound:
Dominic Kennedy

Costume Design:
Viviana Rohmer

Lighting Design:
John Lewis

With the support of
Culture Moves Europe
INAEM
ICEC

Artistic Residencies at
Falmouth University
Calgras
Canpink
Artersorio 147



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Audience Reactions

‘So tender and sincere, you don’t always feel safe as an audience member in a show with interaction but I absolutely did.’

‘Jose Parra gifted us with a divinely funny and disarming hour while defying toxic stereotypes.’

‘...Jose moves with grace and comedy that play so well together...such a rich show... absolutely brilliant’

‘A joyous and powerful exploration and celebration of imagination and identity. Super!’

Professional Reactions

‘...it is a beautifully interactive show, gentle and non-intrusive...the wonderful, honest way of staging makes this a very unique experience,’
FringeReview

‘...gender defying, both hilarious and profound...a beautiful and heartfelt piece about gender stereotypes from a brilliant performer.’ GJD Reviews

‘A delightful hour’ Dan Lees,
International, London Clown
Festival

‘Playful freedom onstage’
Fringe Theatrefest





Jose Parra

Performer and Deviser

Jose Parra is an international artist focused on small-format alternative theatre. His work blends clowning, physical theatre and text, always seeking emotional closeness and humour in his connection with the audience.

He collaborates with a variety of artists to create performances that explore identity, grief and masculinity through humour, physicality and play.

Jose sees theatre as a space for shared encounter and reflection, where the human, the poetic and the absurd meet to create vibrant, meaningful experiences.

Jamie Wood

Director and Deviser

Jamie Wood is an international artist and director, known for accessible, poetic and provocative theatre. His background in fine art, clowning, dance and physical theatre informs a distinctive stage language where body, imagery and humour come together with both sensitivity and boldness. He has worked with companies such as The Frequency D'Ici and Petra's Pulse, and his acclaimed solo trilogy solidified his unmistakable style: theatre that connects, moves, and surprises its audience.



Watch Teaser

Click the link below or scan the QR code

[LINK](#)



Full Show

Email to request the full show

info@joseparra.net



@photo by jackfilmtaylor

Contact

Jose Parra

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www.joseparra.net

For bookings, touring and enquiries

A show that invites us to look at ourselves without fear and with humour.



 @ciajoseparra

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