GENTLE FOOL THEATRE PRESENTS

MEN DON'T BLUSH

When did you last go red?

WINNER
PRAGUE PICK
OF COLCHESTER
FRINGE AWARDS

★★★★★
'Beautiful and funny'
GJD REVIEWS

HIGHLY RECOMMENDED SHOW
'A unique experience'
FringeReview



SOLO SHOW · 60 MIN · +14 · MINIMAL TECHNICAL REQUIREMENTS · EASY TO TRANSPORT

CO-CREATED AND PERFORMED BY
JOSE PARRA

CO-CREATED AND DIRECTED BY
JAMIE WOOD

Supported by:

Gobierno de España · Ministerio de Cultura · inaem

Catalan Arts

Generalitat de Catalunya
Government of Catalonia

Funded by the European Union

GOETHE INSTITUT

What happens when we stop trying
to be what is expected of us?

A playful journey through masculinity, identity
and imagination.



HIGHLY RECOMMENDED

'...totally on point, a joy to watch, a very unique experience.'

FringeReview

@photo by Aydan Tair

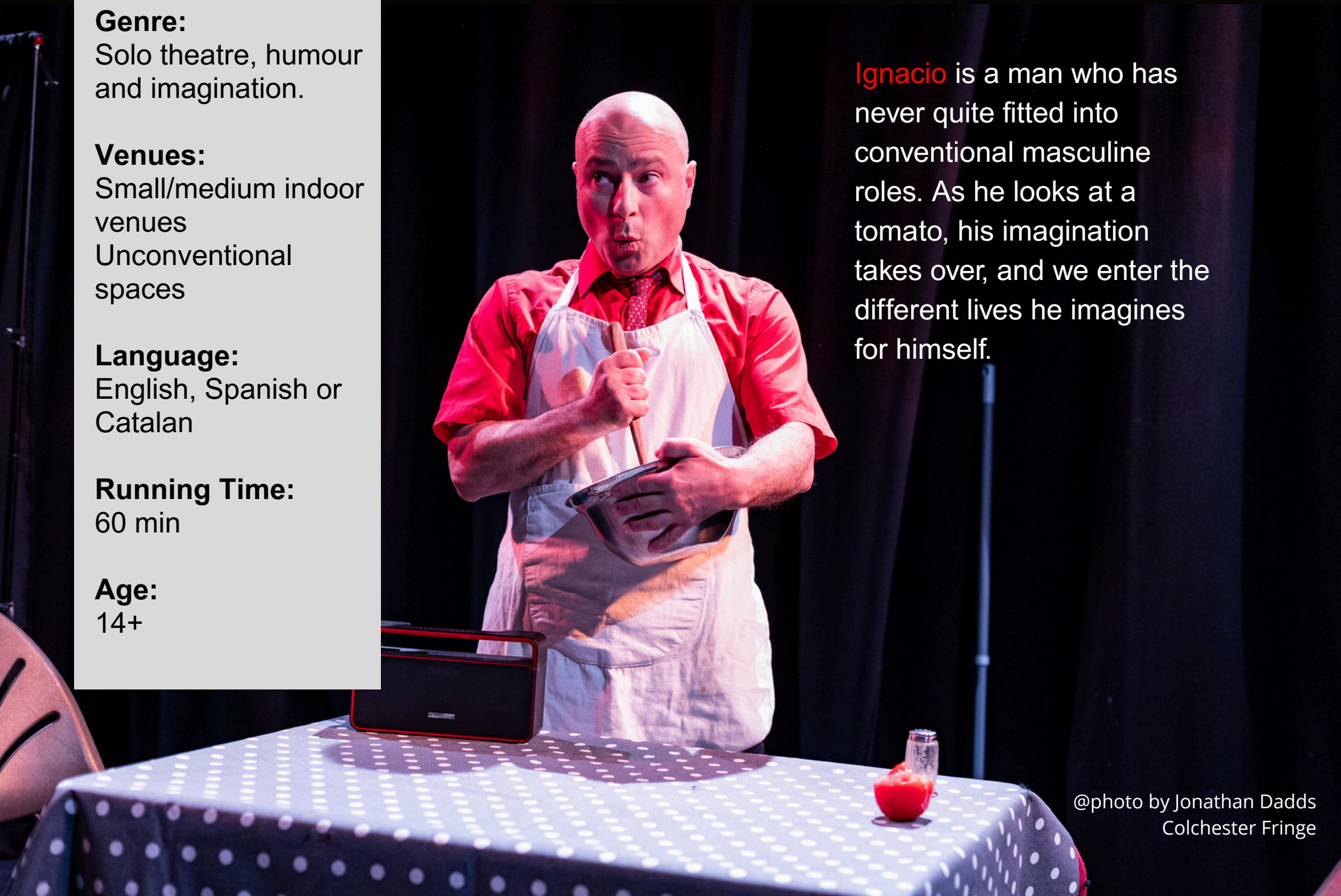
Genre:
Solo theatre, humour and imagination.

Venues:
Small/medium indoor venues
Unconventional spaces

Language:
English, Spanish or Catalan

Running Time:
60 min

Age:
14+



Ignacio is a man who has never quite fitted into conventional masculine roles. As he looks at a tomato, his imagination takes over, and we enter the different lives he imagines for himself.

@photo by Jonathan Dadds
Colchester Fringe

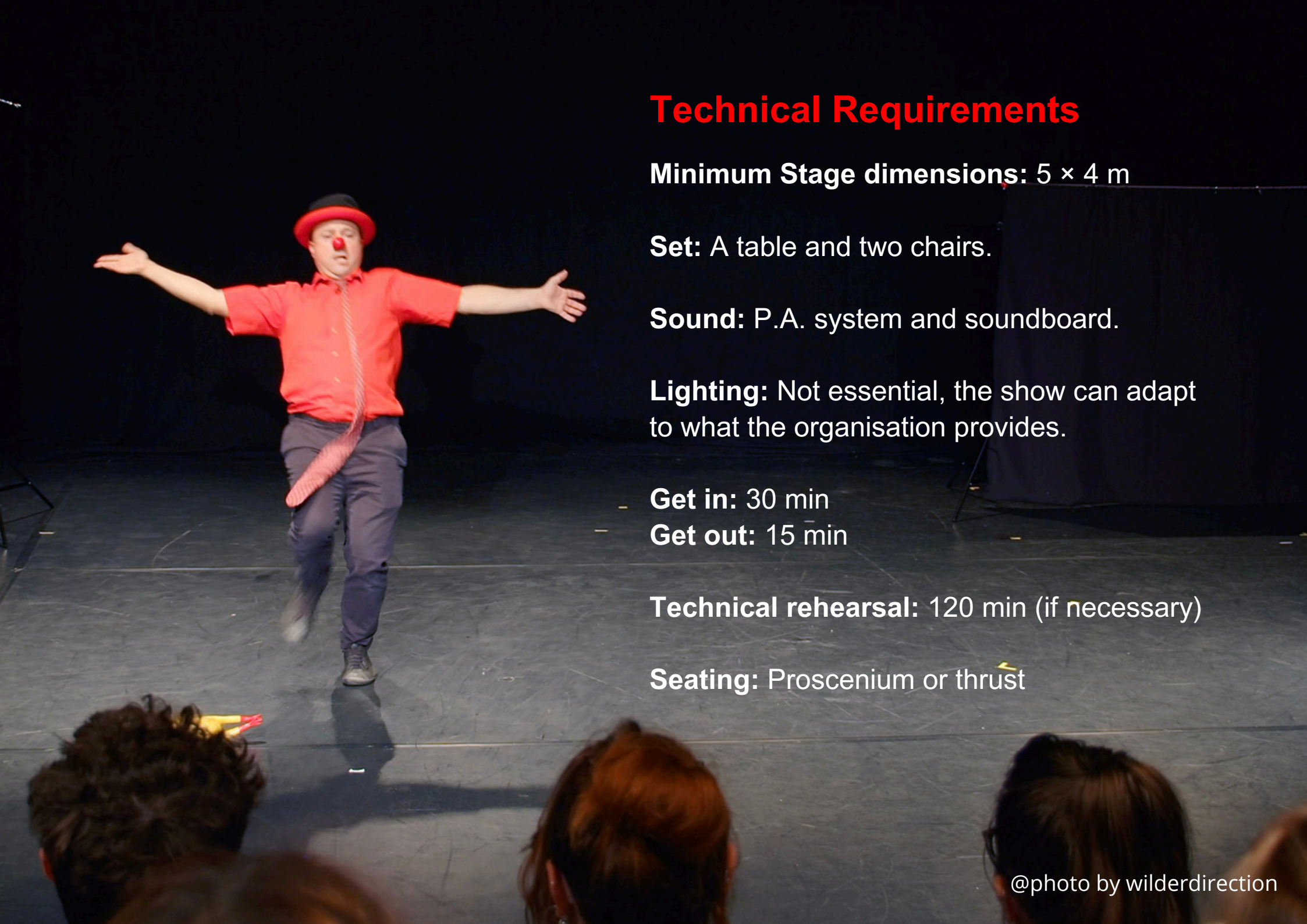

With a rich visual language, humour, text and direct interaction with the audience, this solo show combines different theatrical styles.
Mischievous, inventive and moving, it invites audiences into a surreal world of imagination to explore masculinity, vulnerability and identity.
@photo by wilderdirection



The direct relationship with the audience is part of the show, turning each show into a different experience.

The interaction is intimate, spontaneous and never intrusive. Little by little, the audience moves from observing to becoming part of Ignacio's journey.

@photo by jackfilmtaylor



Technical Requirements

Minimum Stage dimensions: 5 × 4 m

Set: A table and two chairs.

Sound: P.A. system and soundboard.

Lighting: Not essential, the show can adapt to what the organisation provides.

Get in: 30 min
Get out: 15 min

Technical rehearsal: 120 min (if necessary)

Seating: Proscenium or thrust

@photo by wilderdirection



Co-created & Performed by:
Jose Parra

Co-created & Directed by:
Jamie Wood

Music & Sound:
Dominic Kennedy

Costume Design:
Viviana Rohmer

Lighting Design:
John Lewis

With the support of
Culture Moves Europe
INAEM
ICEC

Artistic Residencies at
Falmouth University
Calgras
Canpink
Artersorio 147



Audience Reactions

‘So tender and sincere, you don’t always feel safe as an audience member in a show with interaction but I absolutely did.’

‘Jose Parra gifted us with a divinely funny and disarming hour while defying toxic stereotypes.’

‘...Jose moves with grace and comedy that play so well together…such a rich show… absolutely brilliant’

‘A joyous and powerful exploration and celebration of imagination and identity. Super!’

Professional Reactions

‘...it is a beautifully interactive show, gentle and non-intrusive...the wonderful, honest way of staging makes this a very unique experience,’ FringeReview

‘...gender defying, both hilarious and profound...a beautiful and heartfelt piece about gender stereotypes from a brilliant performer.’ GJD Reviews

‘A delightful hour’ Dan Lees, International, London Clown Festival

‘Playful freedom onstage’ Fringe Theatrefest



@photo by Jonathan Dadds Colchester Fringe



Jose Parra
Performer and Deviser

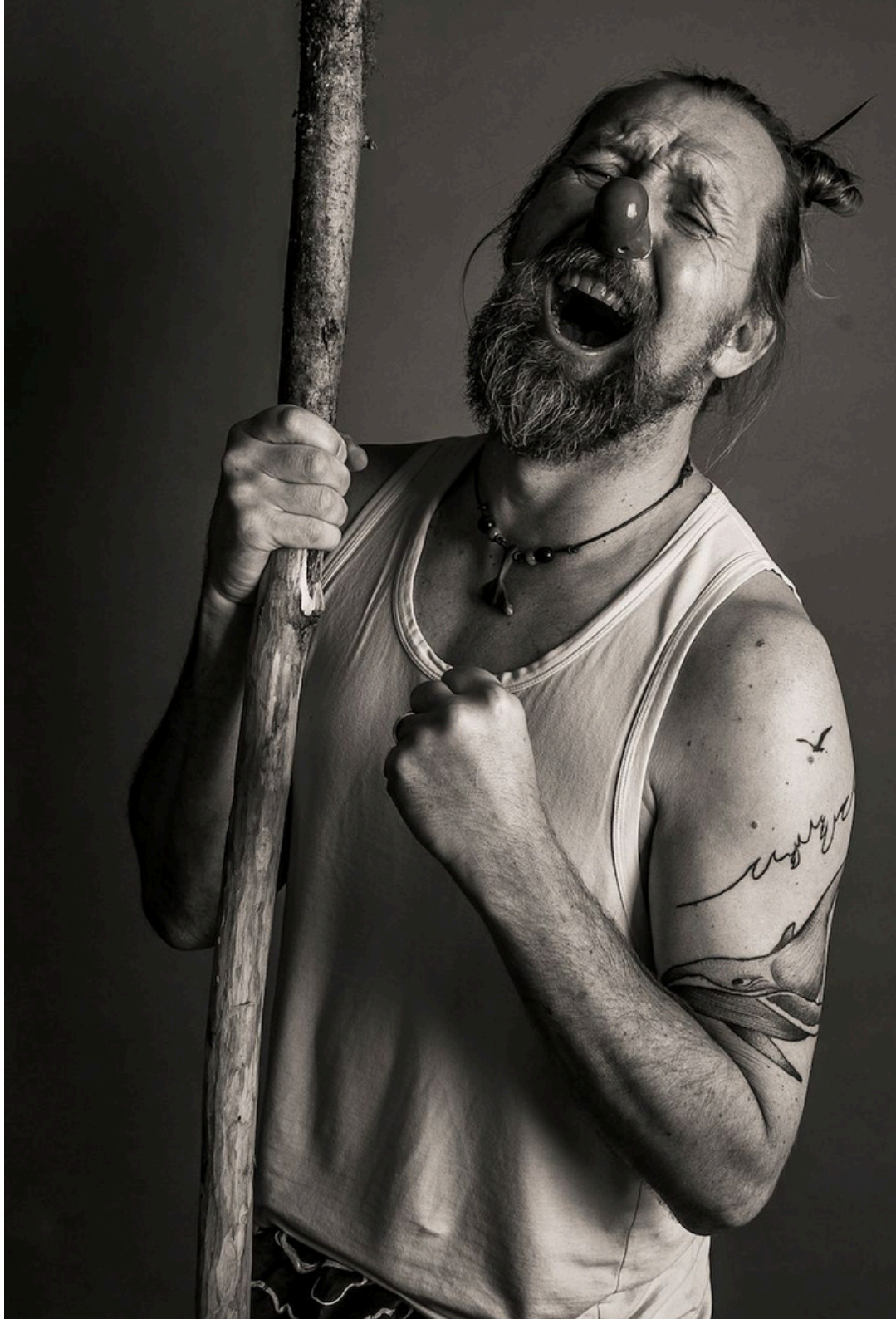
Jose Parra is an international artist focused on small-format alternative theatre. His work blends clowning, physical theatre and text, always seeking emotional closeness and humour in his connection with the audience.

He collaborates with a variety of artists to create performances that explore identity, grief and masculinity through humour, physicality and play.

Jose sees theatre as a space for shared encounter and reflection, where the human, the poetic and the absurd meet to create vibrant, meaningful experiences.

Jamie Wood
Director and Deviser

Jamie Wood is an international artist and director, known for accessible, poetic and provocative theatre. His background in fine art, clowning, dance and physical theatre informs a distinctive stage language where body, imagery and humour come together with both sensitivity and boldness. He has worked with companies such as The Frequency D'Ici and Petra's Pulse, and his acclaimed solo trilogy solidified his unmistakable style: theatre that connects, moves, and surprises its audience.



Watch Teaser

Click the link below or scan the QR code

LINK

Full Show

Email to request the full show

info@joseparra.net



@photo by jackfilmtaylor

Contact

Jose Parra
+34 621 288 851
info@joseparra.net
www.joseparra.net

For bookings, touring and enquiries

A show that invites us to look at ourselves without fear and with humour.



@ciajoseparra

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